

It's never too early to start childproofing your home! Below you will find a handy checklist to help make your living space safer for your infant or toddler.



- Install a Carbon Monoxide Detector (*CO detector*)
- Install or test Smoke Detectors (*test monthly*)
- Fire Extinguisher
- First Aid Kit
- Emergency Telephone Numbers in an easy to reach place
- Escape Route mapped out
- Childproof Locks on all cabinets containing poisons, glass, or sharp objects (*like knives*)
- Plastic Plates to cover outlets
- Padding or Bumpers to cover sharp edges on furniture
- Nonslip Pads under rugs
- Slip Resistant Infant Bathtub

In the Nursery

- Be sure the bassinet has a wide, stable base and sturdy bottom.
- Check the bassinet surface for sharp edges
- Are the bassinet's legs secure?
- Is the mattress firm and does it fit snugly?
- Be sure to remove all soft fluffy bedding, especially pillows from bassinet and crib
- Does your changing table have a safety strap?
- Is there soft carpeting under the changing table...in case of a fall?
- Are all baby wipes and other changing supplies out of your baby's reach when they are placed on the table?
- Are the slats no more than 2 3/8 inches apart on your baby's crib?
- Be sure there are no cutouts on your crib that can trap your baby's head or limbs.
- Is the crib mattress firm?
- Does the crib mattress fit firmly?
- Is the crib away from windows, heaters, lamps, cords, wall decorations (*i.e. pictures*) or any other furniture that your baby will eventually be able to climb?